

Klein-Aus Vista Mountain Bike Challenge

EVENT PROGRAM

Saturday, 3rd October 2020

Sat, 07am start

Distance Elevation Gain

ULTRA MARATHON: 95 km 2000 m 60% Sgltrk

Most ascents and descents are on technical single tracks. This will be epic and participants for this category need to be fit, experienced riders with good MTB handling skills. This race will test your endurance and skills to the limit.

Riding time: 5h-7h if you ride an average of 21 km - 14 km/h

30km of the track will be north of the B4. The first 2 km will be a controlled start to cross the railway track and B4. At 13 km the first long, steep 2-km climb, *Steve's Camelback*, will be the first serious test of your skills and power. At 21 km a special encounter riding up, then down *The Boulders* - a solid granitic gneiss rock.

After *Witrif Climb* the track will lead you back to the Start/Finish which is also the first water point at 30km. Be careful, you will cross the B4 tarred road and the railway track.

Now you'll head east to Aus, turn right on the XCO time trail track to Aus Reservoir; this 6km will sap your energy. Thereafter it's easy jeep and single track until Water Point C (WP C).

At 45 km, (WP C) there will be a cut-off time at 3h30. If you arrive after this you'll be re-routed on the Full Marathon route and your results will be listed under the Full Marathon results.

At WP C, only the Ultra Marathon riders deviate left to ride down *The Wall*, a 1.6 km track with a timing section. The rider with the fastest descent, will be crowned as the "Sweepstang of the Mountains".

Follow 3 km of graded jeep track and at an open farm gate, turn left onto the singletrack to play on *Piet's Playground*. Ride 25 km of single track to WP D, at 75 km. Follow the jeep track back to the famous *Costa's Climb* at 80km. You'll hit or 'get hit' by a challenging 1,6 km 200 m ascent to WP C. The rider with the fastest ascent, from the start of the *Costa's Climb* to WP C, will be crowned as "King of the Mountains". Once you manage to make it to the top, there are only 13.5 km left on mostly downhill single tracks back to the Start/Finish.

Sat, 07:30am start

Distance Elevation Gain

HALF MARATHON: 30 km 550 m 70% Sgltrk

Riders will cover 30 km on our *Classic Route* through town and the Aus Mountains. Participants for this race need to be intermediate riders with reasonable MTB handling skills.

The route will take you on graded and jeep tracks through the town of Aus to WP C, your only waterpoint en-route, at 14 km.

Half Marathon riders do not descend on *Costas' Climb* - only for Ultra Marathon riders!! Only 13.5 km to go, follow the *Classic Route* on mostly downhill single tracks back to the Start/Finish.

Sat, 07am start

Distance Elevation Gain

FULL MARATHON: 60 km 1250 m 60% Sgltrk

Riders will cover 30 km north of the B4 and 35 km on the *Classic Route* south of the B4. Most ascents and descents are on technical single tracks. Participants for this race need to be fit, experienced riders with good MTB handling skills.

The first 2 km will be a controlled start to cross the railway track and B4. At 13 km the first long, steep 2-km climb, *Steve's Camelback*, will be the first serious test of your skills and power. At 21 km a special encounter riding up, then down *The Boulders* - a solid granitic gneiss rock.

After *Witrif Climb* the track will lead you back to the Start/Finish to the '30 km first water point'. Be careful, you will cross the B4 tarred road and the railway track.

Now you'll head east to Aus, turn right on the XCO time trail track to Aus Reservoir; this 6km will sap your energy. Thereafter it's easy riding on jeep and single track until WP C at 45 km.

Full Marathon riders do not descend on *Costas' Climb* - only for Ultra Marathon riders!! Only 13.5 km to go on mostly downhill single tracks to the Start/Finish.



**KLEIN-AUS VISTA
MTB CHALLENGE**

Water points: 4 water points en-route for Ultra Marathon at 30, 45, 75 and 82 km.

2 waterpoints en-route for Full Marathon at 30 and 45 km.

1 waterpoint en-route for Half Marathon at 14 km.

There will be water, beverages and snacks available at the water points.

Marshal points: All waterpoints will serve as Marshal Points.

Start Location: At Klein-Aus Vista Lodge, 2 km west of Aus along the B4 road to Luderitz in the Desert Horse Inn parking area

Race Registration: Friday 2nd October from 17:00 - 20:00 at the Desert Horse Inn lounge area

Race briefing: Full and Ultra Marathon 06:45 am
Half Marathon 07:15 am

FOR THE KIDS

For the under 9-13 years : you can enter on the day of registration to compete against each other on a mostly-single-track route over 18 km. Good intermediate skills are needed.

Start time: 7.30 am with the Half Marathon riders.

FOOD & BEVERAGES

Dinner will be provided at Klein-Aus Vista in the Desert Kitchen restaurant. Pre-bookings for Friday evening dinner are essential. Please do so when making your reservation for accommodation or confirm a day before arrival.

On Saturday sausage rolls, soft drinks and beers are for sale at the gazebos from 11 am. All riders get a sausage roll and soft drink after the race at the gazebos, as part of the race entry.

At the Desert Kitchen Restaurant one can get light lunches served during the day.

On Saturday evening a Braai will start at 19:00 after prize-giving.

This function will take place at the Desert Horse Inn braai area. All race participants automatically qualify for dinner. Family and friends can book in advance or at the Race Registration or upon check-in at Desert Horse Inn reception.

Tickets (N\$200 for adults and N\$100 for children younger than 14) will be issued and you need to show your ticket before helping yourselves at the buffet.

PRIZES

1st - 5th prizes for overall winners in Ultra marathon Men & Ladies.

1st - 3rd position in Full & Half marathon for Men & Ladies.

SIGHTSEEING AND ACTIVITIES

Wild horses of Garub, 20 km away

Kolmanskop and Luderitz just 120 km away

Several marked hiking trails in the Aus Mountains to meet up with riders en-route.

Desert Horse Inn also has a swimming pool where you can relax.

IMPORTANT TIMES

BREAKFAST: 05:30 in the mornings, served until 09:30

PRIZE AWARDING: Saturday: 16:00 at Desert Horse Inn Pool area

SPONSORS: We would like to thank all the sponsors for supporting this event and Mountain Biking in Namibia:

Standard Bank as the title sponsor and Gondwana Collection.

ACCOMMODATION: Klein-Aus Vista

- Eagles Nest: N\$725 pp sharing B&B per night
- Desert Horse Inn: N\$540 pp sharing B&B per night
- Geisterschlucht Cabin: N\$840 minimum charge, N\$280 pp per night
- Desert Horse Campsite: N\$100 pp per night

www.klein-aus-vista.com | Tel 063 258116/021

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Bahnhof Hotel Self catering | Tel 081 127 6391
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