



KLEIN-AUS-VISTA MTB CHALLENGE & TRAIL RUN

EVENT DATE: SATURDAY 3RD OCT 2020

- MTB ULTRA MARATHON: 97 km 2050 m elevation gain 60% Single Track
Riding time: 5h-7h if you ride an average of 21 km - 14 km/h.

-MTB FULL MARATHON: 64 km 1320 m elevation gain 60% Single Track
Riding time: 3h-4.5h if you ride an average of 21 km - 14 km/h.

-MTB HALF MARATHON: 27 km 550 m elevation gain 70% Single Track
Riding time: 1h30-2h if you ride an average of 21 km - 14 km/h.

-TRAIL RUN MARATHON: 23 km 500 m elevation gain mostly on MTB Single Tracks
Running time: about 2h-3h if you run an average of 5-7minutes/km

-FUN RUN: 8 km 175 m elevation gain on mostly MTB Single Tracks
Running time: about 45min-1h if you run an average of 5-7minutes/km

ENTRY FEES:

N\$650 pp and includes branded T-Shirt, worsbroodjie, soft drink after the race and Braai on the Saturday evening. Excluding dinner, the charges will be N\$450 pp.



Water points: 5 water points en-route for Ultra Marathon at kilometre 23, 34, 48, 78 and 85.
3 waterpoints en-route for Full Marathon at kilometre 23, 34 and 48.
1 waterpoint en-route for Half Marathon at kilometre 14.
1 waterpoint en-route for Trail Run Marathon at kilometre 11.
No water point en-route for Fun run
There will be water, beverages and snacks available at the water points

Marshall points: All waterpoints will also serve as Marshall Points

Start Location: At Klein-Aus Vista lodge, 2 km west of Aus along the B4 road to Luderitz in the Desert Horse Inn parking area

Registration: Friday 2nd October from 17:00 - 20:00 at Desert Horse Inn lounge area

Briefing on 3rd October: MTB Full and Ultra Marathon 06:45 am
MTB Half Marathon and Trail Runs 07:30 am

Start Time on 3rd October: MTB Full and Ultra Marathon 07:00 am
MTB Half Marathon and Trail Runs 07:45 am
Trail Run Marathon & Fun Run 07:45 am- after MTB riders

For the Kids: For the age group of 9-13 years: you can enter on the day of registration to compete against each other on a mostly single-track route of 18 km. Good intermediate MTB skills needed. Start time: 7.30 am with the Half Marathon riders.
Kids who want to join their parents on the Fun Run can do so free of charge.

Food & Beverages:

Dinner is available at Klein-Aus Vista in the Desert Kitchen restaurant.

Pre-bookings for Friday evening dinner are essential. Please do so when making your reservation for accommodation or confirm a day before arrival.

On Saturday, worsbroodjies, soft drinks and beers are for sale at the Start/ Finish line from 11 am.

All participants get a worsbroodjie and a soft drink after the race at the gazebos as part of the race entry.

At the Desert Kitchen Restaurant you can get light lunches served during the day.

On Saturday evening, the Braai will start at 19:00 after the prize-giving.

This function will take place at the Desert Horse Inn Braai area. All race participants automatically qualify for the dinner. Family and friends can book in advance or at the Race Registration or upon check-in at Desert Horse Inn reception.

Tickets (N\$200 for adults and N\$100 for children younger than 14) will be issued and you need to show your ticket before helping yourselves at the buffet.

Parking: On the race day, we ask that all riders and supporters not staying at Desert Horse Inn - thus those staying at the Eagles Nest, Desert Horse Campsite, Geister Schlucht Cabin or elsewhere - to use the alternative entrance to the parking area. This will be indicated to you upon check-in.

Prizes: 1st - 5th prizes for overall winners in MTB Ultra Marathon for Ladies & Gents, provided there are 5 participants in one category.

1st - 3rd position in MTB Full & Half Marathon for Ladies & Gents, provided there are 5 participants in one category.

1st - 3rd position in Trail Run Marathon for Ladies & Gents, provided there are 3 participants in one category.

1st - 3rd position in Fun Run for Ladies & Gents, provided there are 3 participants in one category.



Accommodation: Klein-Aus Vista

- Eagles Nest: N\$725 pp sharing B&B per night
- Desert Horse Inn: N\$540 pp sharing B&B per night
- Geisterschlucht Cabin: N\$840 minimum charge, N\$280 pp per night
- Desert Horse Campsite: N\$100 pp per night

www.klein-aus-vista.com : Tel 063 258116/021

Namib Garage Guest House, Tel 063 – 258 029

namibaus@afol.com.na

Bahnhof Hotel; Self catering: Tel 081 127 6391

www.bahnhof-hotel-aus.com

Sightseeing

Wild horses of Garub, 20 km away

& Activities:

Kolmanskop and Luderitz just 120 km away

Several marked hiking trails in the Aus Mountains to meet up with the riders en-route.

Desert Horse Inn also has a swimming pool where you can relax.

IMPORTANT TIMES

Breakfast: 05:30 in the mornings, served until 09:30

Prize Giving: Saturday: 4.00 pm at Desert Horse Inn Pool area

Dinner Friday: 19:00

Saturday Evening Braai: 19:00

On Sunday morning at 8 am, additional activities will be offered for those who want to join:

- Enduro Motor Bike Ride: 2-3h 60-100km, guided on marked trail with maps- entry fee N\$150 pp (own motorbike)
- MTB Ride for 2-3 hours (no charge)
- Trail Run for 1-2 hours (no charge)



Cancellation policy:

Refund of Race entry fee and Accommodation up to 24h00 prior to the Race Day

We are looking forward hosting you and to enjoy a weekend together in amazing surroundings!